

## Gonzales Healthcare Systems

	Monday 22-Aug	Tuesday 23-Aug	Wednesday 24-Aug	Thursday 25-Aug	Friday 26-Aug
<b>Breakfast Special</b>	Migas	French Toast	Cinnamon Rolls	Waffles	Biscuit Sandwiches
<b>Lunch Special</b>	<b>Cyber Wraps</b>	<b>Citrus Lemon Salmon</b>	<b>Meatloaf Plate</b>	<b>Quesadillas</b>	<b>Fryday</b>
	A giant tortilla filled with crispy chopped chicken pieces or grilled chopped chicken, lettuce, tomato, pico, sour cream, Fritos & cyber sauce served with chips	Tangy salmon with spices served with rosemary garlic red potatoes & baked zucchini	A slice of meatloaf topped with either tomato gravy or brown gravy, a side of broccoli & a side of mac & cheese	A giant tortilla filled with cheese, chicken, optional grilled onion & bell pepper and a side of sour cream, guacamole, salsa & chips	One crispy burrito, one corn dog and one crispito over a bed of fries with one cheese stick
	\$7.50	\$10.99	\$7.50	\$7.50	\$7.50
<b>Entrées</b>	<b>Stuffed Bell Pepper</b>	<b>Beef &amp; Bean Fideo</b>	<b>Tenders with Gravy</b>	<b>Cabbage Rolls</b>	<b>Herbed Fish &amp; Veggies in Parchment</b>
<b>Vegetables</b>	<b>Stir-Fried Broccoli</b>	<b>Roasted Carrots</b>	<b>Green Beans</b>	<b>Okra Gumbo</b>	<b>California Mix</b>
	<b>Yellow Squash</b>	<b>Sauteed Cabbage</b>	<b>Creamy Cole-Slaw</b>	<b>Chef's Mix</b>	<b>Peas &amp; Carrots</b>
<b>Starches</b>	<b>Onion Rings</b>	<b>Cornbread</b>	<b>Cream Corn</b>	<b>Borracho Beans</b>	<b>Baked Sweet Potato</b>
	<b>Baked Potato</b>	<b>Cilantro-Lime Rice</b>	<b>Mashed Potatoes</b>	<b>Spanish Rice</b>	<b>Hatch Pepper Cream Pasta</b>
<b>Soup</b>					<b>Chicken Vegetable</b>
<b>Dessert</b>	<b>Cupcakes with Cheesecake Frosting</b>	<b>Strawberry Empanadas</b>	<b>Oatmeal Pecan Chocolate Chip Cookie</b>	<b>Peach Pie</b>	<b>Strawberry Shortcake</b>